

Alternative Medicine

Alternative and/or Complementary medicine refers to a group of therapeutic and diagnostic disciplines that exist largely outside the institutions where conventional health care is taught and provided. Complementary medicine is an increasing feature of healthcare practice, but considerable confusion remains about what exactly it is and what position the disciplines included under this term should hold in relation to conventional medicine.

- *ABC of Complimentary Medicine by Catherine Zollman & Andrew Vickers*

You are a practitioner of one of the complimentary disciplines listed below. Your assignment is to research one of the disciplines and produce a brochure illustrating the important information about that discipline. Please answer the questions provided and if space permits please add any additional information that you think is imperative to your brochure.

You will be working on your brochure individually, but will be making a short group presentation to the class about what you learned.

TOPICS:

Acupuncture
Acupressure
Chiropractic
Hypnotism
Homeopathy
Reflexology
Herbal Medicine
Naturopathy
Holistic medicine
Osteopathic medicine

QUESTIONS:

- Define your topic – what is it?
- How is it used in medicine? What do you do?
 - What conditions do you treat?
- What are your credentials? Where did you go to school?
 - Has it been proven to work?
- Are there any negative side effects to using the treatment?

List Websites used under Additional Resources or For More Information